

Dirty Hands Happy Hearts: learning in the garden

Resources for Environmental Education with Community Gardening

Essential Community Garden Resources

- * **Community Gardening in SA Resource Kit** www.canh.asn.au/communitygardening, printed copies available from CANH ph (08) 8371 4722, info@canh.asn.au (from Nov 2004)
- * The **South Australian Community Gardening Network** can be contacted by phoning 1300 737 612 (cost of a local call)
- * **Australian Community Gardens and City Farms Network** <http://www.terracircle.org.au/garden/> has information on starting a community garden, news and updates about community gardens around the country and links to more resources.
- * **Australian Community Foods** <http://www.communityfoods.org.au/> contains contact details for community gardens across Australia.
- * The **American Community Gardening Association** <http://www.communitygarden.org/> has start up info and resources, links, and access to publications.
- * The Canadian **City Farmer** website (<http://www.cityfarmer.org>) has extensive information and links about urban agriculture and community gardening.

Gardening with Children

- * **Kindergarten: An introduction to the many ways children can interact with plants and the outdoors.** Ideas for gardening with kids in school and community gardens available at <http://aggie-horticulture.tamu.edu/kindergarten/kinder.htm>
- * **Gardening Launchpad** www.gardeninglaunchpad.com/kids.html Loads of links to activities and curriculum for gardening with children
- * **The Ian Potter Children's Garden, Royal Botanic Gardens, Melbourne** This magical garden is designed to encourage children's 'delight in nature' and 'discover a passion for plants'. It 'celebrates the imagination and curiosity of childrens and fosters the creative nature of play'. Information at www.rbq.vic.gov.au/projects/childrens/index.html

Gardening with Schools

- * **Dig in: Creating an Edible School Garden.** Queensland Health (2003) Comprehensive guide to the gardening aspects of school learnscapes including gardening methods,

site analysis, tools, maintenance, worm farms, plant selection and calendar, and pests and diseases. 65pp. Free. Can be ordered at <http://www.health.qld.gov.au/activeate>

- * **Greening School Grounds: Creating Habitats for Learning**, Grant, Tim and Gail Littlejohn, (eds), 2001, Green Teacher, Toronto. This anthology from the Canadian *Green Teacher* magazine includes step-by-step instructions for numerous schoolyard projects, for reception to year 12. Articles on rooftop gardens, practical tips on minimising vandalism, maximising participation and raising funds, outdoor classroom activities and curriculum links. 144pp. ISBN 0-86571-436-3. Table of contents and orders at <http://www.greenteacher.com/gsg.html>
- * **The Edible Schoolyard** www.edibleschoolyard.org This middle school garden in the US has been an inspiration to many school gardens. The site contains resources and tips for starting a school garden, the process of their garden's creation, lesson plans, and lots of useful information.
- * **"The Case For More High School Gardens"** Wei Fang in *Urban Agriculture Notes* Available at <http://www.cityfarmer.org/highschool77.html>
- * **School and Community Cooperative Landcare Projects: Best practice guide**, PIRSA Sustainable Resources Group (2000) PIRSA, Adelaide. Available from Primary Industries and Resources, 101 Grenfell St Adelaide, or can be downloaded from www.affa.gov.au/corporate_docs/publications/pdf/nrm/landcare/school_landcare.pdf
- * **Schools program at Fairfield City Farm**, Sydney <http://www.cityfarm.com.au/cityfarm/schools.html>
- * **Collingwood College Kitchen Garden**, a well known garden project initiated by chef Stephanie Alexander in a Melbourne public school <http://www.collingwood.vic.edu.au/kitqarfront.htm>



Learning with gardens

- * **A Children's Food Forest: An Outdoor Classroom**
Nuttall, Carolyn (1996) Food Forests and Learnsapes in Education, Brisbane. Based on a school garden project in Brisbane. Curriculum focus. Permaculture perspective. 72pp. AU\$15 plus \$3 p&p
- * **The Environmental Workshop: Valuable Learning Outcomes in School Gardens**
Nuttall, Carolyn and Mary-Anne Cotter (1999) Dellasta, Vic. Teaching resources for involving children in the development and maintainance of school gardens, and for linking gardening to curricula. Primary school focus. Many worksheets included. 48pp. ISBN 1 875 640 428. AU\$20 + \$3.50 p&p within Australia. Both Carolyn's books can be obtained from the author Ph 07 3844 7272 Email: c.nuttall@uq.net.au
- * **Heritage Fruit and Nut Trees in Schools: A bridge from past to future generations**
Jude Fanton and collaborators have prepared this kit for students in years five to ten. Includes activities based around a story of a by and his grandmother. Download from <http://www.seedsavers.net/schoolgardens/>
- * **Bio-what? A starter kit for primary schools to conserve and promote biodiversity in their school community**
SA Urban Forest Biodiversity Program (1998). Lesson plans for upper primary school students linked to the SACSA curriculum framework. Includes many ideas easily adapted to use with school gardens. Available from SA Urban Forest Biodiversity Program www.urbanforest.on.net
- * **Children's Participation**
Hart, R (1997) Earthscan UK. Involving young people in community development and environmental programs.
- * **Special Places, Special People**
Titman, W WWF UK in association with Learning Through Landscapes. Available from Australian Association of Environmental Educators <http://users.chariot.net.au/~aeee/>
- * **Grounds for Celebration**
Learning through Landscapes 1995
A 14 minute video excellent for presentations to the school community. Available from Australian Association for Environmental Educators <http://users.chariot.net.au/~aeee/>
- * **Learning through Landcare**
Department of Primary Industries Forest Service (1994), DPI Brisbane

School gardens for health promotion

- * **Children's Health Development Foundation**
Information on children's health, health promoting schools, nutrition, physical activity and school canteens. Resources for schools, childcare providers and teachers. <http://www.chdf.org.au/>
- * **The South Australian Health Promoting Schools Network**
An electronic communication network supporting

Health Promoting Schools in SA. Free Membership. <http://www.sahps.net/>

- * **Eat Well SA Healthy eating guidelines for South Australian schools and preschools**
<http://www.schools.sa.gov.au/schlp/parents/pages/63/12283/>
- * **An Introduction to Health Promoting Schools in South Australia**, Lucy Angley and Anne Young (1996) DECS
Assists schools to promote the health and wellbeing of all school community members, and presents key questions schools can use as a checklist. Includes examples of good practices occurring in South Australian schools. Free
- * **Tooty Fruity Veggie Program**
http://www.nrahs.nsw.gov.au/population/promotion/tooty_fruity/ Increasing fruit and vegetable consumption among primary school children

Adult learning with gardens

- * **Accredited Permaculture Training**
In 2004, the permaculture community registered certificates 1 – 4 and Diploma within the national accreditation framework. Includes units on a wide variety of areas relevant to community gardening. Is also being used in schools.
www.permacultureinternational.org
- * **New Farmers Manual**
Tash Morton and Dick Copeman (2004) Northey Street City Farm. An invaluable training manual for volunteers, volunteer trainers and volunteer co-ordinators at community gardens and city farms. Extensive training program covering all aspects of community gardens, including occupational health and safety, gardening, volunteering, designing training programs.
- * **Growing Communities: How to Build Community Through Community Gardening**
Jeanette Abi-Nader, David Buckley, Kendall Dunnigan and Kristen Markley American Community Gardening Association. A curriculum for the ACGAs 'From the roots up' mentorship program. Includes community building, leadership, planning, fundraising, and much more. Available from www.communitygarden.org/pubs/
- * **Improving Nutrition through Home Gardening**
UN Food and Agriculture Organisation (1995) FAO, Italy. Training package outlining a 6-day course on horticulture and human nutrition with teacher's notes and reproducible info sheets. Designed for development workers in South East Asia. 171pp. Order from: Ellen.Muehlhoff@fao.org Nutrition Officer Food and Nutrition Division FAO Via delle Terme di Caracalla 00100, Rome, Italy. Manual is supplied free-of-charge
- * **The Manual For Teaching Permaculture Creatively**
Robin Clayfield and Skye (1995) Earthcare Education, Queensland. Excellent introduction to using creative processes to facilitate learning about a range of topics. Permaculture focused, but applicable to any community garden training.